



Natalie McIvor invites
you to;

A Soul Alchemy Ascension Journey

"A 2 day Healing, Renewal, and
Spiritual Awakening
Immersion"

*with sacred initiations,
attunements, activations,
meditations and ceremony*

1-2nd March Sunshine Coast
930-430pm each day

thevibrationalhealer.com.au

What is Soul Alchemy.

The practice of soul alchemy is multifaceted and deeply personal, encompassing various stages of inner transformation & spiritual growth.

How will you know if you are ready for this?

Perhaps you have been walking the spiritual path for a long time and are looking to ascend beyond your currently practices?

Or maybe you are feeling stuck, or uninspired right now and know that something is not quite right?

Can you feel a sense of urgency to take a leap forward but are not sure why? or HOW??

Curious about what else is possible for you and can't quite reach it?

The journey of soul alchemy often begins with a period of preparation, where one sets the intention for inner transformation and prepares oneself mentally, emotionally, and spiritually for the journey ahead. This may involve practices such as meditation, prayer, journaling, ceremony and ritual.

The next stage involves deep self-reflection and introspection, where one examines our beliefs, values, desires, and life experiences and we begin to explore the depths of our souls, uncovering unconscious patterns, wounds, and desires that may be holding us back from living authentically.

Soul alchemy often involves confronting and integrating the shadow—the unconscious aspects of oneself that are repressed, denied, or disowned.

Shadow work entails acknowledging and accepting the darker or more challenging aspects of one's personality, such as fears, traumas, and insecurities, in order to heal and integrate them into wholeness.

We then move into the next stage, which focuses on healing past wounds and releasing emotional baggage that no longer serves one's highest good. Through various healing modalities such as therapy, energy work, ritual, or ceremony, we process and release old traumas, emotions, and limiting beliefs, clearing the way for new growth and transformation.

Perhaps you are here??

AWESOME!!!!!!!

Now you are ready for a Soul Alchemy Immersion!

The final magic lies in the process of transmutation –turning "lead" into "gold."

This metaphorical process involves transforming the lower aspects of oneself—such as fear, anger, and ego—into higher qualities—such as love, compassion, and wisdom.

This is where my Soul Alchemy 2 day Immersion comes in!

Through spiritual practices, mindfulness, sacred rites, rituals, ceremony and initiations we will activate and connect with our highest divinity and align with our soul's essence.

As the 2 day journey unfolds, you will learn how to integrate the insights, lessons, and transformations gained into your daily life. Embodying newfound wisdom, aligning with one's soul's purpose, and living authentically in alignment with one's values and inner truth.

And continue your quest for self-discovery, healing, and spiritual realization.

Tempted to join us??

Soul Alchemy 2 Day Immersion 1-2nd March 2025 Sunshine Coast

Imagine what 2 days of sacred rituals, practices, processes and self reflection could create for you?

This beautiful 2 day immersion will guide you on a journey of self discovery, self awareness, self appreciation and self healing.

I know that in this sacred circle of like minded souls, each one of us will journey beyond our limitations, our fears and our past and toward a future that we will create with an open, authentic, positive and powerful heart and soul.

Event includes;

sacred plant medicine ceremony with sound & healing
sacred somatic movement to activate vagus nerve
sacred rites to activate your inner wisdom
ancestral healing
ancient initiations and transmissions
practical tools to implement in your daily life to create
change, balance and creative flow
morning tea and light lunch
gift bag

LIMITED NUMBERS

Please register [here](#)

"SoulFire: A Ritual of Alchemical Transformation"

The SoulFire ritual is designed to ignite the flame of transformation within, guiding you on a journey of inner alchemy and spiritual awakening.

Please enjoy this sacred ritual, as you delve deep into the depths of your soul, releasing what no longer serves you & transmuting it into wisdom, strength & inner peace.

Materials Needed:

A quiet, sacred space

Candles (preferably white or gold)

Incense or sage for smudging

Crystals (such as clear quartz, amethyst, or citrine)

Journal and pen

paper to write on and burn

fire proof bowl, cauldron or pot to burn paper in

Comfortable seating or cushions

soothing music



Ritual Steps:

Set up the sacred space by lighting a candle connecting with the transformation energy of fire, you may like to burn incense, palo santo or sage to cleanse the energy, and arrange the crystals around your candle.

Find a comfortable seated position and take a few deep breaths to ground yourself.

Begin the ritual by invoking the divine energies or higher powers that resonate with you. You may call upon spirit guides, angels, ancestors, or the elements to support and guide the ritual.

Take some slow deep breaths and connect with your inner self. Visualise a violet flame within your heart, representing your inner fire and divine essence.

Reflect on anything you wish to release or let go of; negative emotions, limiting beliefs, past traumas, or attachments that no longer serve your highest good.

You may like to write down these thoughts and feelings on a small piece of paper, expressing them fully and honestly.

Now offer your written intentions into the fire, releasing them with love and surrender.

Feel the warmth and purifying energy of the fire, trusting in its power to transmute their intentions into positive energy and spiritual growth.

Now as you allow this to burn them visualise yourself as a radiant being of light, embodying your highest potential & deepest wisdom.

Now write your new intentions for the journey ahead, focusing on qualities they wish to cultivate within themselves—love, courage, compassion, or inner peace. Place these into the fire.

Offer gratitude to the divine energies, guides, and participants for their presence and participation in the ritual.

Close the ritual with a collective affirmation, offering gratitude, asking for guidance or protection on your journey, sealing the intention for continued growth and transformation on your soul alchemy journey.

The Soul Fire ritual serves as a powerful catalyst for inner alchemy and spiritual evolution, guiding you to embrace the fire of transformation within and emerge renewed, empowered, and aligned with your soul's purpose.

**Please join us for a Soul Alchemy 2 day deep immersion
1-2nd March Sunshine Coast
only \$397 for 2 full days**

and discover how to access your true divinity!

Numbers limited please register [here](#)